



Northeastern Catholic District School Board

Learn At Home Activities

Junior Students (Grades 4 - 6)

Art	Physical Education
Write your name in big block letters in the centre of a page to create a name poster. Use a variety of lines (straight, dashed) to fill the page completely. Use colour and shading to make your name pop.	If you did pushups and planks last week, add squats and lunges to the mix. Do all four exercises 3 times this week.
Act out a character of your choice (doctor, police officer, baker, teacher). Time how long you can stay in character (dress up optional).	Estimate the width of your front yard in meters. Jog down one side of your street. Count the houses and estimate the length of your street.
Totem poles tell the story of the person who creates it. Create images and stack them one on top the other to tell your story.	Listen to some music on any device and create your own dance party!

Catholic Faith	French
Easter Prayer Table / corner. Make a special place in your home with things that are special to you. Use this place to pray and reflect.	Watch the following video about recycling glass and how we can take care of our planet. Use ideas from this video to help you make the signs in the last activity. Recycling Glass
Where can you find Hope during this time spent with your family? How can you show this to others in your family?	It is Earth Day on April 22nd! Complete the two "L'environnement" activities. Earth Day Link
Draw and colour a picture of Hope. Show your work to your family and tell them about it.	Make signs for your home in French with ways to take care of our planet. Sign Example

Week of April 20 to 24, 2020